

# MEETING PULSE™

## Increases traction, accountability, communication, team health, and results

- The moment of truth
- Routine, heartbeat, spike, cadence
- Right hand... left hand
- Same day, same time, same agenda, starts on time and ends on time
- Keep the circles connected

### Annual (2 days)

- Company Vision
- 1-Year Plan

### Quarterly (1 day)

- Review V/TO™ and previous quarter's Rocks
- Establish next quarter's Rocks
- Resolve key issues

### Weekly (90 Minutes)

- Numbers and Rocks on track
- Employee and customer satisfaction
- Resolve issues